

**Garden City 10 – 24 September 2011**  
**Hertfordshire County Vets Championship**

<b>Age group</b>	<b>Name</b>	<b>Club</b>		
1 <sup>st</sup> Man 40-49	Guy Woollett	Gade Valley Harriers	59:59	
2 <sup>nd</sup> M40	Adrian Sherwood	Nth Herts Road Runners	63:13	
3 <sup>rd</sup> M40	Nick Malpeli	Nth Herts Road Runners	63:26	
1 <sup>st</sup> Man 50-59	David Green	Harpenden ARO Runners	61:55	
2 <sup>nd</sup> M50	Colin Braybrook	St Albans Striders	64:41	
3 <sup>rd</sup> M50	Jerry Bryan	Barnet&District AC	65:44	
1 <sup>st</sup> Man 60-69	Morris Dempster	Bedford Harriers	70:31	
2 <sup>nd</sup> M60	Richard Solomons	Highgate Harriers	70:40	
3 <sup>rd</sup> M60	Brian James	Watford Joggers	71:31	
1 <sup>st</sup> Man 70+	Dave Tearle	u/a	76:37	
2 <sup>nd</sup> M70	Anthony Hamilton	Barnet&District AC	88:32	
1 <sup>st</sup> Woman 35-44	Sharon Morris	Bedford County	63:48	
2 <sup>nd</sup> W35	Karen Murphy	Barnet&District AC	71:25	
3 <sup>rd</sup> W35	Gillian Jubb	St Albans Striders	75:16	
1 <sup>st</sup> Woman 45-54	Nicola Froud	Barnet&District AC	69:02	
2 <sup>nd</sup> W45	Mandy Attree	St Albans Striders	79:39	
3 <sup>rd</sup> W45	Kavita Gooch	u/a	83:25	
<b>Teams</b>				
1 <sup>st</sup> Mens Team	St Albans Striders	Colin Braybrook, Stephen Smith Martin Halling, John Hope	1:04:41 1:12:57	1:08:10 1:19:52
2 <sup>nd</sup> Mens Team	Barnet&District AC	Jerry Bryan, Robert Scott Edward King, Anthony Hamilton	1:05:44 1:17:40	1:09:07 1:28:32
3 <sup>rd</sup> Mens Team	FVS	Mark Beasley, Richard Sidlin Mark Goodwin, Robert Shaw	1:11:17 1:20:07	1:14:06 1:23:04
1 <sup>st</sup> Ladies Team	Barnet&District AC	Nicola Froud, Karen Murphy Heather Dawson	1:09:02 1:17:40	1:11:25
2 <sup>nd</sup> Ladies Team	St Albans Striders	Gillian Jubb, Mandy Attree Carol Ranson	1:15:16 1:20:18	1:19:39
3 <sup>rd</sup> Ladies Team	FVS	Nicola Lorimer, Sharon Crowley Sarah Hukin	1:28:21 1:40:18	1:32:15